

04/01/24

**Product Name: Strawberry- Mango 100% Frozen fruit cup**

Ingredients: SPRING WATER, SEA MOSS, APPLE JUICE, ORANGE JUICE, BANANA PUREE, LEMON JUICE, BETA CAROTENE (VITAMIN A), MANGO JUICE BLEND (PEAR JUICE, MANGO PUREE.), STRAWBERRIES, MANGOS

Contains: N/A

100-Gram Unrounded Nutrient Values

<b>Nutrient Name</b>	<b>Unit</b>	<b>Values Shown per 100g</b>
Calories		35.11
Total Fat	g	0.07
Saturated Fat	g	0.01 **
Trans Fat	g	0.0
Cholesterol	mg	0.0 **
Sodium	mg	18.03
Total Carbs	g	8.61
Dietary Fiber	g	0.51 **
Sugars	g	4.73 **
Added Sugars	g	0.0 **
Protein	g	0.51
Vitamin A	mcg	3.62 **
Vitamin C	mg	7.68 **
Vitamin D	mcg	0.0 **
Calcium	mg	20.7 **
Iron	mg	2.32 **
Potassium	mg	67.28 **
Polyunsaturated Fat	g	0.02 **
Monounsaturated Fat	g	0.01 **
Vitamin E	mg	0.26 **
Vitamin K	mcg	1.5 **
Thiamin	mg	0.01 **

<b>Nutrient Name</b>	<b>Unit</b>	<b>Values Shown per 100g</b>
Riboflavin	mg	0.12 **
Niacin	mg	0.19 **
Vitamin B-6	mg	0.02 **
Folate	mcg	48.3 **
Vitamin B-12	mcg	0.0 **
Pantothenic Acid	mg	0.06 **
Phosphorus	mg	40.91 **
Magnesium	mg	37.06 **
Zinc	mg	0.5 **
Selenium	mcg	0.22 **
Copper	mg	0.04 **
Manganese	mg	0.11 **
Fluoride	mg	0.17 **
Soluble Fiber	g	0.0 **
Insoluble Fiber	g	0.0 **
Sugar Alcohol	g	0.0 **
Biotin	mcg	0.0 **
Iodine	mcg	0.0 **
Chromium	mcg	0.0 **
Molybdenum	mcg	0.0 **
Chloride	mg	0.0 **
Choline	mg	3.75 **
Calories from Saturated Fat	g	0.11 **

\*\* One or more ingredients in your recipe has an unavailable nutrient value.

This is due to missing data from brand Facts Panels, or an old recipe.