

04/01/24

**Product Name: Strawberry Lemon 100% Fruit Juice Cup**

Ingredients: 100% pure & natural lemonade (water, sugar, lemon juice, lemon pulp cells), sea moss, spring water, strawberries, lemons

Contains: N/A

100-Gram Unrounded Nutrient Values

<b>Nutrient Name</b>	<b>Unit</b>	<b>Values Shown per 100g</b>
Calories		34.24
Total Fat	g	0.08
Saturated Fat	g	0.01 **
Trans Fat	g	0.0 **
Cholesterol	mg	0.0 **
Sodium	mg	20.67
Total Carbs	g	8.28
Dietary Fiber	g	0.71 **
Sugars	g	4.66 **
Added Sugars	g	0.0 **
Protein	g	0.51
Vitamin A	mcg	1.87 **
Vitamin C	mg	14.64 **
Vitamin D	mcg	0.0 **
Calcium	mg	25.62 **
Iron	mg	2.73 **
Potassium	mg	32.68 **
Polyunsaturated Fat	g	0.03 **
Monounsaturated Fat	g	0.01 **
Vitamin E	mg	0.28 **
Vitamin K	mcg	1.67 **
Thiamin	mg	0.01 **
Riboflavin	mg	0.14 **

<b>Nutrient Name</b>	<b>Unit</b>	<b>Values Shown per 100g</b>
Niacin	mg	0.21 **
Vitamin B-6	mg	0.03 **
Folate	mcg	56.17 **
Vitamin B-12	mcg	0.0 **
Pantothenic Acid	mg	0.06 **
Phosphorus	mg	48.78 **
Magnesium	mg	43.93 **
Zinc	mg	0.59 **
Selenium	mcg	0.25 **
Copper	mg	0.05 **
Manganese	mg	0.14 **
Fluoride	mg	0.37 **
Soluble Fiber	g	0.0 **
Insoluble Fiber	g	0.0 **
Sugar Alcohol	g	0.0 **
Biotin	mcg	0.0 **
Iodine	mcg	0.0 **
Chromium	mcg	0.0 **
Molybdenum	mcg	0.0 **
Chloride	mg	0.0 **
Choline	mg	4.35 **
Calories from Saturated Fat	g	0.1 **

\*\* One or more ingredients in your recipe has an unavailable nutrient value.

This is due to missing data from brand Facts Panels, or an old recipe.